All Residents/Fellows Are Eligible:

**UF EAP:** The Employee Assistance Program (EAP) provides a wide range of services, including individual employee evaluation and referral, consultation services for supervisors, workshops, training sessions and support groups.

The EAP is housed in Room 245 of the Student Health Care Center (Infirmary Building). The EAP check-in and waiting area is completely separate from the student check-in and waiting area, thus providing employees a private setting. Any contact you have with the EAP will remain confidential.

Up to six visits for individual consultation are available. These confidential sessions are provided by licensed mental health professionals employed by the University of Florida. If additional counseling is necessary, EAP professionals will refer employees to community providers and agencies that accept University health insurance plans or charge fees based on income level. To schedule an appointment with the EAP, please call (352) 392-5787 or email [eaphelp@shcc.ufl.edu](mailto:eaphelp@shcc.ufl.edu).

**VA EAP:** Residents/Fellows and their families are covered by contract with [Espyr](http://www.espyr.com/) (formerly EAP Consultants). [Espyr](http://www.espyr.com/) may be accessed by calling 1-800-869-0276.  The company will connect those who contact them to a provider in our community and arrange for payment for those services covered by contract.   Covered services include crisis counseling, individual counseling, and grief counseling.   The names of those who access services are not shared.

For any questions or problems with Espyr, or any feedback on their services, contact:

[George Shorter, Ph.D.](mailto:george.shorter@va.gov)

Chief, Psychology Service

North Florida/South Georgia Veterans Health System

1601 SW Archer Rd.

Gainesville, FL  32608-1197

(352) 376-1611 ext. 6020

**UF Psychiatry:**  Residents/Fellows have access to all psychological services provided by UF Psychiatry. Housestaff can either; call [(352) 265-4357](javascript:void(0)) and make an general appointment or to see an attending, referrals can go through Jackie Hobbs, M.D. [jahobbs@UFL.EDU](mailto:jahobbs@UFL.EDU).

*Housestaff can be seen by a faculty member to ensure increased confidentiality and remove peer concerns.*

**Student Wellness Center:** The Student Wellness Center offer consultations to housestaff and refers them to community providers (that take their insurance) for crisis/long term counseling services. For a consult contact Ritzy at 352-273-4489.