Where do most residents live? Most residents usually rent an apartment/condo within walking or biking distance from the hospital OR purchase/rent a house in either the Southwest or Northwest regions of Gainesville. That being said, some residents choose to live in Downtown Gainesville as well. Popular neighborhoods to rent/buy homes include Longleaf subdivision, Haile Plantation, Willow Oak Plantation, and Mentone subdivision in the Southwest region and Capri and Sorrento in the Northwest region. Popular apartments/condos for lease/sale include Wildflower Apartments, The Bartram, Campus View Place, and The Palms Condominiums (downtown).

POPULAR HOUSING OPTIONS WALKING/BIKING DISTANCE FROM THE HOSPITAL

**Wildflower Luxury Apartments (0.25 mi)**
1210 SW 11th Avenue
Gainesville, FL 32601
(352) 327-3100
http://www.wildflowergainesville.com/

*Price Range:*
- $1,375+/month for a 1 BR / 1 BA
- $1,705 - $1,835/month for a 2 BR / 2 BA
- $2,305 - $2,420/month for a 3 BR / 2 BA

*Amenities:*
Washer/dryer in every unit, high-speed premium internet, cable ready (not included in monthly rent), clubhouse with resort-style pool, business center, fitness center (with treadmills, elliptical trainers, and weight equipment), private parking garage, etc. (see website for further details on amenities)
*Pet friendly
*Units for RENT

**Campus View Place (0.3 mi)**
1240 SW 9th Road
Gainesville, FL 32601
(352) 376-4237
http://www.campusviewplace.com/index.aspx

*Price Range:*
- $1,500/month for a 2 BR / 2 BA
- $2,100/month for a 3 BR / 3 BA
*No single-bedroom apartments but individual leases available
*Units for RENT/SALE

*Amenities:*
Covered parking, high-speed internet, cable ready (not included in monthly rent), public transportation, washer/dryer in every unit, etc.
*Does not have a clubhouse, pool, or fitness center but slightly less expensive than Wildflower.
The Bartram (1.1 mi)
2237 SW Archer Road
Gainesville, FL 32608
(352) 372-0987
http://thebartram.com/

Price Range:
$1,355/month for 1 BR / 1 BA
$1,700/month for 2 BR / 2 BA
$2,250/month for 3 BR / 2 BA
$2,600/month for 3 BR / 3 BA

Amenities:
Cable and high-speed internet included in monthly rent, washer/dryer in every unit, private parking included, clubhouse/fitness center, two pools (a lounge pool and a lap pool), outdoor fire pits, business center, study rooms, pet friendly with designated pet walk park
*Pet friendly
*Units for RENT

The Continuum (1.5 mi)
425 West University Avenue
Gainesville, FL 32601
(352) 327-3040
http://www.thecontinuumforufgrads.com/

Price Range:
$869/month for studio
$1,159/month for 1 BR / 1 BA
$1,189/month for 1 BR deluxe
$1,339/month for 2 BR / 2 BA
$1,344/month for 2 BR deluxe
$669/month for 1 BR in 4 BR place (individual lease)
$724/month for roommate matching in 2 BR place

Amenities:
Resort-style swimming pool and picnic/grilling area, 24/7 fitness center, recreation room, business lounge with free printing, complimentary community-wide Wi-Fi access, 24 hr emergency maintenance, free parking in 5th floor covered parking garage, dog park, apartments are fully furnished.
*Pet friendly
*Units for RENT

Note: This is a UF professionals-only apartment community between the hospital and downtown that is completely furnished and all inclusive.
The Palms Condominiums (2.3 mi)
230 SW 2nd Avenue
Gainesville, FL 32601
(352) 327-9500
http://www.gainesvillepalms.com/

Price Range:
~$1,300/month for 2 BR / 2 BA

Amenities:
Stainless steel appliances, granite countertops, custom wood cabinetry, 10-ft ceilings, washer/dryer in every unit (if renting, hookups present if unit is being purchased), private courtyard with pool, community elevator, covered parking, secure entry system

*Units for RENT/SALE

***For more information on other condos that may be for sale/rent near Shands Hospital, the University of Florida, or downtown, please see the following websites::

https://www.condosingainesville.com/
http://www.rentgainesville.com/

POPULAR HOUSING OPTIONS DRIVING DISTANCE FROM THE HOSPITAL

The Retreat at Magnolia Park (8.0 mi)
4170 NW 50th Terrace
Gainesville, FL 32606
(352) 384-2787
http://www.maac.com/florida/gainesville/the-retreat-at-magnolia-parke

Price Range:
$950+/month for 1 BR / 1 BA
$1,200+/month for 2 BR / 2 BA

Amenities:
Clubroom, swimming pool, athletic facility, dog walk, playground, patio lounge with outdoor fireplace, nature trail, washer/dryer in every unit, pet-friendly (up to 2 pets per apartment, $500 pet fee, monthly pet rent of $10)

*UNITS FOR RENT

Note: If interested, please let Lisa Cunningham know so she may place a referral. Also, as a UF Shands employee, you will receive a $300 preferred employer discount for your first month’s rent
*Note: Several of the neighborhoods listed below have homes for rent as well so you may want to drive around and look for rental signs if this is something that interests you*

**LongLeaf Village Subdivision (7.1 mi)**
Located in Southwest Gainesville off Archer road, 4 mi west of I-75. Approximately a 17 min drive to UF Health Shands Hospital. Homes constructed in 2004+. Subdivision has a clubhouse with a community pool, 24-hr fitness center, tennis courts, basketball court, and playground. Nearby is the Archer Braid bike trail / pedestrian path. This is probably one of the most popular resident neighborhoods along with Willow Oak due to affordability and relative proximity to the hospital.

*Price Range:*
$160K to high $300K
HOA fees: $80.35/month

**Willow Oak Plantation (7.1 mi)**
Located in Southwest Gainesville. Approximately a 16 minute drive to UF Health Shands Hospital. Homes constructed in the 2000s+. Neighborhood has a community pool. Streets are nicely landscaped. Archer Braid bike trail and pedestrian path goes right by Willow Oak.

*Price Range:*
$190Ks to $330Ks
HOA fees: $75.00 per quarter

**Haile Plantation (8.6 mi)**
Located in Southwest Gainesville. Approximately a 20 min drive to UF Health Shands Hospital. Haile is a large community with over 2,600 custom homes developed on over 1,700 acres. The community center (Haile Village Center) contains luxury shops, restaurants, and professional services. There is also a Haile Plantation Golf and Country Club. There is also a farmer’s market at the village center on weekends. This area is very pricey but has some reasonable condos/townhomes for sale, particularly near the village center.

*Price Range:*
$100K to $1,000,000+

**Mentone (6.5 mi)**
Located in Southwest Gainesville. Approximately a 15 min drive to UF Health Shands Hospital. Homes built in 1990s+. Neighborhood has two entrances, a clubhouse, playground, community pool, tennis, basketball, and volleyball courts, soccer field, and walking/jogging trail through nature area.

*Price Range:*
$200Ks
HOA fees: $140 per quarter
Garison Way (7.3 mi)
Located in Southwest Gainesville. Approximately a 17 min drive to UF Health Shands Hospital. Homes constructed in 2008+. Relatively small, intimate neighborhood that includes a community center with a pool. Lined with sidewalks and oak trees. Also has a common area that several people walk their dogs. Very nice but pricey – better for those individuals who may have a spouse who provides secondary income.

*Price Range:*
$250Ks – 300Ks
HOA fees: $90/month

Portofino (5.2 mi)
Located in Southwest Gainesville. Approximately a 13 min drive to UF Health Shands Hospital. Homes built from 2004-2015. Neighborhood is relatively small but has a large community pool and a half basketball court. The neighborhood borders the Split Rock Conservation Area, which is a 241 acre conservation area with loop trails. The park is just steps outside of the neighborhood.

*Price Range:*
$200Ks
HOA fees: $90/month

Capri
Located in Northwest Gainesville. Approximately a 13 min drive to UF Health Shands Hospital. Developed in the mid 1990s and has 291 homes. Affordable neighborhood surrounded by wooded privacy that offers a children’s playground, two gazebos, nature preserves, walking/jogging trails, tennis courts, and basketball courts. Also has a clubhouse with a fitness room, office, media room, resort style pool, Jacuzzi, and covered veranda with built-in gas BBQ grill.

*Price Range:*
$150Ks - $220Ks
HOA fees: $75/month

Sorrento
Located in Northwest Gainesville. Approximately a 17 min drive to UF Health Shands Hospital. Homes constructed in the 2000s+. Community amenities include a clubhouse with pool table and fitness center, tennis & basketball courts, and a pool. Offers both homes and recently built townhomes (some brand new with others still under construction).

*Price Range:*
$160K - $200Ks
HOA fee $80/month
CURRENT RESIDENT HOUSING FOR SALE/RENT:

FOR RENT:

ROOMMATE WANTED - 1 BR for rent in 3 BR / 2 BA House owned by Ahsan Raza, current PGY-5 (available August 2017)
Rental Price: $800/mo (This INCLUDES all utilities/TV/internet)
Located in Willow Oak Plantation
7725 SW 87th Terrace
Gainesville, FL 32608
Details: 17 min drive from the hospital. House has a pool table and fenced-in back yard with fire pit. The house is also pet friendly (current pets are a cat and Pomeranian dog)
Other roommates is a male general surgery resident (Chris Kuppler). Contact Ahsan Raza aka “Raza” c352-871-4718 (Ahsan.Raza@surgery.ufl.edu) or Chris Kuppler c314-853-3222 (Christopher.Kuppler@surgery.ufl.edu) for more information

FOR SALE:

4 BR / 2 BA home
Listing Price: N/A
Located in Longleaf Village
7691 SW 81st Way
Gainesville, FL 32608
Details: Available now. 1,609 sq ft. Built in 2010. 16 min drive to UF Health Shands Hospital.
Contact Martin Rosenthal c404-808-2969 (Martin.Rosenthal@surgery.ufl.edu) for more information

3 BR / 2 BA home
Listing Price: $249,500
Located in Willow Oak Subdivision
7466 SW 87th Terrace
Gainesville, FL 32608
Details: Available now. 1,688 sq ft. Built in 2010. 15 min drive to UF Health Shands Hospital.
Contact Bradley Schmit c305-710-4974 (Bradley.Schmit@surgery.ufl.edu) for more information

FOR RENT OR SALE:

2 BR / 2.5 BA Condo
Rental Price: $875/mo
Located in Brighton Park Condominium Complex
4415 SW 34th Street
Gainesville, FL 32608
Details: Available in late June or early July. 1200 sq ft. 9 min drive from the hospital. In great condition and move-in ready. Also close to Publix, Earth Fair, the post office, Swamphead Brewery, and Butler Plaza (large shopping center).
Contact Sugong Chen c404-786-0520 (Sugong.Chen@surgery.ufl.edu) for more information
Legend:
- UF HEALTH SHANDS HOSPITAL
- Bartram
- Campus View
- Capri
- Continuum
- Garison Way
- Haile Plantation
- Longleaf Village
- Mentone
- Portofino
- Retreat at Magnolia Park
- Sorrento
- The Palms Condominiums
- Wildflower
- Willow Oak Plantation
RECOMMENDED REALTORS

Lauretta Fogg (mostly sells homes)
Coldwell Banker M.M. Parrish Realtors
7515 West University Avenue
Gainesville, FL 32607
Cell phone: (352) 222-0224
Office phone: (352) 335-4999
lfogg@mmparrish.com

Mary Koenig (homes/condos)
Watson Realty Corporation
12921 SW 1st Road, Suite 117
Newberry, FL 32669
Cell phone: (352) 222-1631
Office phone: (352) 377-8899
mkoenig@watsonrealtycorp.com

Betsy Pepine (mostly homes)
Pepine Realty
4130 NW 37th Place
Gainesville, FL 32606
Cell phone: (352) 219-3845
Office phone: (352) 226-8474
Betsy@BetsyPepine.com
http://www.pepinerealty.com/

Kathleen MacDowell (mostly homes)
Watson Realty Corporation
4516 NW 23rd Avenue
Gainesville, FL 32606
Cell phone: (352) 538-3149
Office phone: (352) 377-8899
kmacdowell@watsonrealtycorp.com

Rhonda Derus (rental properties)
Union Properties
4421 NW 39th Avenue
Building 2, Suite 1
Gainesville, FL 32606
Office phone: (352) 373-7578
http://www.rentgainesville.com/

Cathy Tyrrell
RE/MAX
4907-A NW 43rd Street
Gainesville, FL 32606
Agent: (352) 281-2514
Office phone: (352) 37-1002
gainesvillecathy@gmail.com

Matt Price (rental properties)
University Realty
311 NE 1st Street
Gainesville, FL 32601
Office phone: (352) 327-9500
https://www.condosingainesville.com/
PHYSICIAN LOAN INFORMATION

What is a physician loan? A loan for condo or home purchase limited to new residents and attendings that requires little money down (0-5%), does not require the borrower to purchase private mortgage insurance (PMI), and does not calculate student loans toward the loan to income ratio to determine eligibility. This type of loan often requires the physician who is applying to open a bank account at the bank from which the mortgage is paid by autodraft. In general, the loan can be used for most homes up to a maximum of $650,000 (although I wouldn’t recommend buying a home this expensive on a resident salary of course). Both fixed and adjustable rate options are available for this type of loan and eligibility only requires cash reserves equivalent to a few months of principle, interest, taxes and insurance, a reasonably good credit score, and a loan payment to income ratio of less than 38-50% depending on the lender. You may be eligible for this loan within 60 days of starting residency.

Physician Loans are available through the following banks:

SunTrust Bank
5080 W Newberry Road
Gainesville, FL 32601
(352) 264-2000
Contact: Randy Joy Bergadine, Susan Edmonds, or Matt Albert
Office #: (352) 264-2021
Cell #: (352) 222-2648
Email: randy.bergadine@suntrust.com; matthew.albert@suntrust.com

BBVA Compass Bank
2814 SW 34th Street
Gainesville, FL 32608
(352) 367-5064
Contact: Debby Doughney

Should I rent or buy? See the New York Times Buy vs Rent Calculator

Another helpful resource for information about physician loans:
http://whitecoatinvestor.com/personal-finance/the-doctor-mortgage-loan/
ADDITIONAL INFORMATION FOR RESIDENTS PURCHASING HOMES

Homestead Exemption
Ed Crapo, Alachua County Property Appraiser (M-F 8am – 5pm)
515 North Main Street
Suite 200
Gainesville, FL 32601
Office phone: (352) 372-5230
http://www.acpafll.org/exemptionslist.html

What is homestead exemption?
Under the Florida Constitution, qualified residents may receive an exemption that reduces the taxable value of their property.

Who qualifies for homestead exemption?
Florida residents who have legal or equitable title to property, occupy the home, and have the intention of making the property their permanent residence as of January 1 are eligible for homestead exemption.

When do I apply?
You are urged to file as soon as possible once you own and occupy the residents. First time applicants must file before the deadline of March 1 for the tax year in which they wish to qualify.

Do I need to apply for homestead exemption every year?
If you received a homestead exemption last year and still own and occupy that residence with the intention of making it your permanent home, your exemption application will be renewed automatically. A receipt will be mailed to you in early January. It is your responsibility to notify the Property appraiser if your qualification for the homestead exemption has changed.

HOMEOWNERS INSURANCE

McGriff-Williams
3501 W University Avenue
Gainesville, FL 32607
(352) 371-7977

Allstate
2950 SW Archer Rd, Suite D
Gainesville, FL 32608
(352) 378-3395

AAA
1201 NW 13th Street
Gainesville, FL 32601
(352) 373-7801

There are several options for home insurance in the area. However, it is recommended that you make sure that any insurance plan you choose covers sinkholes, which are very common in west-central Florida. A sinkhole is basically a cavity in the ground caused by water erosion of limestone rock beds, causing the overlying surface to collapse, which can cause major damage to buildings and homes.
LAWNCARE SERVICES

TruGreen
1-888-392-4119
https://www.trugreen.com/

The Master's Lawn Care
1610 NW 55th Place
Gainesville, FL 32653
(352) 378-5296
https://www.themasterslawncare.com/

Theos Lawn Maintenance
3118 NE 13th Street
Gainesville, FL 32609
(352) 682-6898
http://www.theoslawnmaintenance.com/

PEST SERVICES

Florida Pest Control
116 NW 16th Avenue
PO Box 5369
Gainesville, FL 32627
(352) 376-2661
http://www.flapest.com/default.aspx

Gainesville Pest Control
430 NW 39th Avenue
Gainesville, FL 32609
(352) 338-1013
http://gainesvillepest.com/
IMPORTANT PHONE NUMBERS

Utilities, Recycling, Trash Pick-up, Water Bill
Gainesville Regional Utilities (GRU)
Customer Service
(352) 334-3434
http://www.gru.com/
*Watering/Irrigation days in Gainesville are listed below. DO NOT water on off days otherwise your pocketbook will feel much lighter...

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<tr>
<th>Location</th>
<th>Summer (2nd Sun. in Mar - 1st Sun. in Nov)</th>
<th>Winter (1st Sun. in Nov - 2nd Sun. in Mar)</th>
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<td>Even House #</td>
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<tr>
<td>Non-Residential/Commercial</td>
<td>Tuesday and/or Friday</td>
<td>Tuesday</td>
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Telephone, Internet and Cable TV
Cox Communications (internet, cable, and telephone)
Sales 1-866-961-0027 or 1-888-269-9693
Support 1-888-269-9693
https://www.cox.com/residential/home-cc.html?campcode=home_z_z_2_20170123t

Dish Network (tv packages and internet)
New Service 1-844-833-8370
Customer Service 1-800-333-3473

AT&T (tv, phone, and internet)
Sales 1-866-861-6075 or 1-844-827-7057
TV & Internet Customer Service / Technical Support 1-800-288-2020

Direct TV (tv)
Sales (888) 795-9488

Driver License & Tags
Alachua County Driver License and Motor Vehicle Service Center
(352) 374-5236
https://www.flhsmv.gov/
DRIVER’S LICENSE AND REGISTRATION INFORMATION

Locations:
Southwest Branch (3837 Windmeadows Blvd, Gainesville, FL 32608)
Northwest Branch (5801 NW 34th Blvd, Gainesville, FL 32653)
Downtown Branch (12 SE 1st Street, Gainesville, FL 32601)

Contact Information:
Phone Number: (352) 374-5236
Website: https://www.flhsmv.gov/
https://www.flhsmv.gov/locations/alachua/

Relocating to Florida
If you are a new Florida resident, you are required to register your vehicle within ten days and get a Florida driver’s license within 30 days. If you have an out-of-state driver’s license and it has not expired beyond 30 days you can convert your license without taking a written or road test.

Car Registration and Auto Insurance
Before registering your vehicle, you must obtain Florida Auto Insurance and have verification of the VIN number. The auto insurance must be purchased from an insurance company licensed by the Florida Office of Insurance Regulation. Florida’s minimum coverage is $10,000 personal injury protection (PIP) and $10,000 property damage liability (PDL). If you have been involved in a crash, or been convicted of certain offenses, you may be required to purchase bodily injury liability coverage (BIL).

The Vehicle Identification Number (VIN) can be validated with a manufacturers Certificate of Origin if the vehicle is new. If it is not new, the VIN must be verified with a HSMV 82042 form from Alachua tax collector office and signed by a Florida notary, DMV compliance examiner, law enforcement officer, or a licensed dealer in Florida.

If you plan on buying a new car… FYI, if you purchase a car and register it within 6 months of moving to Florida, you will have to pay sales tax AGAIN so it may be wise to either wait to buy a car until after moving or wait to register it for 6 months after relocating.
<table>
<thead>
<tr>
<th>Name</th>
<th>Phone Number 1</th>
<th>Phone Number 2</th>
<th>Phone Number 3</th>
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<tbody>
<tr>
<td>Abitz, Allison</td>
<td>(612) 237-7820</td>
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<tr>
<td>Aguirre-Alarcon, Adela</td>
<td>(347) 680-4509</td>
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<tr>
<td>Anderson, Tiffany</td>
<td>(352) 870-0553</td>
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<tr>
<td>Ayub, Suniah</td>
<td>(540) 383-8681</td>
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<tr>
<td>Bashirov, Latif</td>
<td>(713) 586-9771</td>
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<tr>
<td>Brown, J. Christian</td>
<td>(352) 231-0681</td>
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<tr>
<td>Cadavid, Felipe</td>
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<td>Cates, Jonathan</td>
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<td>Chen, Sugong</td>
<td>(404) 786-0520</td>
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<td>Cox, Michael</td>
<td>(336) 255-6880</td>
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<tr>
<td>Cunningham, Lisa</td>
<td>(561) 512-0226</td>
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<tr>
<td>DeSart, Kenneth</td>
<td>(706) 224-3012</td>
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<td>Dessaigne, Camille</td>
<td>(443) 388-2568</td>
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<td>Elder, Craig</td>
<td>(801) 554-5832</td>
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<td>Falasa, Matheus</td>
<td>(616) 821-0856</td>
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<tr>
<td>Filiberto, Amanda</td>
<td>(631) 455-1047</td>
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<td>Gaillard, W. Foster</td>
<td>(843) 696-5933</td>
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<tr>
<td>Gerber, Michael</td>
<td>(770) 712-0102</td>
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<td>Go, Kristina</td>
<td>(814) 233-5287</td>
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<td>Gray, Sarah</td>
<td>(207) 749-3791</td>
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<tr>
<td>Hall, David</td>
<td>(954) 257-8563</td>
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<td>Hawkins, Russell</td>
<td>(713) 576-9509</td>
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<td>Jacobs, Christopher</td>
<td>(321) 987-5436</td>
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<td>Khan, Tabassum</td>
<td>(404) 245-8676</td>
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<td>Kuppler, Christopher</td>
<td>(314) 853-3222</td>
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<td>Laquian, Liza</td>
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<td>(727) 365-4333</td>
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<td>Loftus, Tyler</td>
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<td>(864) 888-7404</td>
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<tr>
<td>Lysak, Nicholas</td>
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<td>(941) 544-0291</td>
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<td>(440) 309-5217</td>
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<td>Mathias, Brittany</td>
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<td>(703) 400-3039</td>
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<td>Mazzuoccolo, John (OMFS)</td>
<td>(352) 362-7817</td>
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<td>Miller, Elizabeth</td>
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<td>(704) 299-6016</td>
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<td>(407) 694-5541</td>
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<td>Murphy, Christopher</td>
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<td>(501) 733-2586</td>
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<tr>
<td>Murray Casanova, Irina (CCM)</td>
<td>(305) 336-7324</td>
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<td>Peters, Charlie</td>
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<td>(913) 488-0593</td>
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<td>(727) 460-2313</td>
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<tr>
<td>Raymond, Steven</td>
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<td>(321) 432-5349</td>
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<tr>
<td>Raza, Ahsan</td>
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<td>Rehfuss, Jonathan</td>
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<td>Rosenthal, Martin</td>
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<td>(404) 808-2969</td>
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<tr>
<td>Schmit, Bradley (Admin. Chief)</td>
<td>(305) 710-4974</td>
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<tr>
<td>Soltani, Tandis</td>
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<td>(714) 299-7942</td>
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<tr>
<td>Starnes, Austin</td>
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<td>(513) 315-4552</td>
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<td>Staton, Kyle</td>
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<td>(828) 361-3973</td>
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<tr>
<td>Stortz, Julie</td>
<td></td>
<td></td>
<td>(314) 482-7442</td>
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<tr>
<td>Szplila, Benjamin</td>
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<td>(501) 733-8047</td>
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<tr>
<td>Underwood, Patrick</td>
<td></td>
<td></td>
<td>(810) 333-5319</td>
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<tr>
<td>Vanzant, Erin</td>
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<td></td>
<td>(817) 517-4023</td>
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<tr>
<td>Watson, Carrie (CCM)</td>
<td></td>
<td></td>
<td>(678) 386-1753</td>
</tr>
<tr>
<td>Yang, Ming-Jim</td>
<td></td>
<td></td>
<td>(310) 562-8053</td>
</tr>
</tbody>
</table>
## 1st Year General Surgery Residents

- Anderson, Erik (PGY 1)
- Archer, Jeremy (PGY 1) (Urology)
- Chopan, Mustafa (PGY 1) (Plastics)
- Crawford, Andrew (PGY 1)
- Dugal, William (PGY 1)
- Fenner, Brittany (PGY 1)
- Florido, Christopher (PGY 1)
- Groshev, Alexandra (PGY 1)
- Herremans, Kelly (PGY 1)
- Johnson, Sara (PGY 1)
- Laconi, Nicholas (PGY 1)
- Larson, Troy (PGY 1) (Urology)
- Leader, Derek (PGY 1)
- Maksa, Nicholas (PGY 1) (OMFS)
- Park, Kathleen (PGY 1)
- Rawlings, Tanner (PGY 1) (Urology)
- Riner, Andrea (PGY 1)

## 2nd Year General Surgery Residents

- Elder, Craig (PGY 2)
- Falasa, Matheus (PGY 2)
- Filiberto, Amanda (PGY 2)
- Jacobs, Christopher (PGY 2)
- Pruitt, Eric (PGY 2)
- Underwood, Patrick (PGY 2)

## 3rd Year General Surgery Residents

- Brown, J. Christian (PGY 5)
- Cadavid, Felipe (PGY 4)
- Cox, Michael (PGY 3)
- Dessaigne, Camille (PGY 3)
- Martin, Andrew (PGY 3)
- Mira, Juan (PGY 5)

## Lab Residents

- Ayub, Suniah (Lab/PGY 4) Giles
- Gerber, Michael (Lab/PGY 4) Hughes
- Gray, Sarah (Lab/PGY 3) Vascular
- Hall, David (Lab/PGY 5) Machuca
- Hawkins, Russell (Lab/PGY 4) Moldawer
- Lysak, Nicholas (Lab/PGY 4) Bihoric/Moldawer
- Miller, Elizabeth (Lab/PGY 3) Mohr
- Raymond, Steven (Lab/PGY 4) Larson
- Staton, Kyle (Lab/PGY 5) Berceli
- Stortz, Julie (Lab/PGY 5) Moldawer

## 4th Year General Surgery Residents

- Delitto, Daniel (PGY 7)
- Go, Kristina (PGY 6)
- Laquian, Liza (PGY 6)
- Loftus, Tyler (PGY 6)
- Rehfuss, Jonathan (PGY 6)
- Yang, Ming-Jim (PGY 6)

## General Surgery Chief Residents

- Cunningham, Lisa (PGY 5)
- DeSart, Kenneth (PGY 9)
- Gaillard, W. Foster (PGY 5)
- Kuppler, Christopher (PGY 7)
- Mathias, Brittany (PGY 7)
- Peters, Charlie (PGY 5)
- Szpila, Benjamin (PGY 8)

## Plastic Surgery

- Felice, Peter (PGY 10)

## Plastic Surgery - Integrated

- Buchanan, Patrick (PGY 5)
- Cohen-Shohet, Rachel (PGY 4)
- Ehanire, Tosan (PGY 3)
- Prince, Noah (PGY 5)
- White, Jared (PGY 2)

## Thoracic Surgery

- Demos, Daniel (PGY 7)
- Gallegos, Juan (PGY 7)
- Jeng, Eric (PGY 8)

## Vascular Surgery

- Ayo, Diego (PGY 8)
- Lala, Salim (PGY 7)

## Surgical Critical Care

- Anderson, Tiffany (PGY 4)
- Mbaka, Maryann
- Surrusco, Matthew
- Vanzant, Erin (PGY 8)

## Acute Care Surgery

- Murray Casanova, Irina (PGY 7)

*Bold = Categorical*
INFORMATION FROM THE GRADUATE MEDICAL EDUCATION (GME) OFFICE

For helpful information for house staff from the GME office, see the following website:
http://gme.med.ufl.edu/contact-us/

On this website, you will find information about the following:
- Buy-Sell-Trade (additional housing options)
- Gatorbites Program (meal program offered to any housestaff that take call)
- Housestaff Comment Box
- Housestaff Parking (info about resident decals, etc)
- Medical Organizations
- Needlestick Hotline (1-800-477-6824)
- Benefits (Health, Life, Disability)
- Housestaff Discounts and Perks
- Trailing Spouse Program
- Baby Gator (On-Site Day Care)
- Housestaff Stipends

Through the HR website (http://hr.ufl.edu/benefits/), you will find helpful information about your UF benefits
*Note: Supplemental Dental and Vision plans are available through UF
*Other possible benefits - Pet Insurance through Nationwide

MEDICAL CARE FOR RESIDENTS

AFTER HOURS CLINICS:

UF Health Primary Care After Hours Clinic
*Adult primary care appointments for all UF and UF Health employees
3450 Hull Road, 2nd Floor
Gainesville, FL 32607
To schedule an appointment, call (352) 265-1234.
After 5 pm, call (352) 273-8613
Hours of operation: 6 – 9 pm (Monday through Friday), 10 am – 1 pm (Saturday)
https://ufhealth.org/uf-health-primary-care-after-hours

UF Health Pediatrics After Hours
*Pediatric After Hours offers evening and weekend appointment-only services
1600 SW Archer Road (UF North Tower)
Gainesville, FL 32608
To schedule an appointment, call (352) 265-0724
Hours of operation: 5 – 10 pm (Monday through Friday), 12 pm – 9 pm (Saturday), 8 am – 9 pm (Sunday)
https://ufhealth.org/pediatrics-after-hours

UF Ophthalmology After Hours
*Offers full eye exams, refractions, glasses/contacts prescriptions, and any other necessary diagnostic testing and treatment
2000 SW Archer Rd (UF Medical Plaza, 4th floor)
Gainesville, FL 32608
To schedule an appointment, contact their clinic at 352-265-7080.
Hours of operation: First Weds of every month from 5 – 7 pm
RESIDENT RECOMMENDED HEALTH CARE PROVIDERS

*Note: For a complete directory of Gator Care providers/clinics listed by specialty, please see the following website:
http://gatorcare.org/network/gainesville-providers/

FAMILY MEDICINE / PCP

UF Health Internal Medicine – Tower Hill
Dr. Edlira Maska, Dr. Ashleigh Wright
7540 West University Ave
Gainesville, FL 32607
(352) 265-0335

UF Health Family Medicine – Magnolia Park
Dr. Scott Lang
3951 NW 48th Terrace
Gainesville, FL 32606
(352) 265-9522

DENTAL

Gentle Dental Care
Drs. Jordan and Patti Webb
3655 SW 2nd Avenue
Gainesville, FL 32607
(352) 378-2555

Millhopper Family Dentistry
Drs. Knopf, Skipper McDonald, Spooner, & Ayala
3510 NW 43rd Street
Gainesville, FL 32606
(352) 377-1705

Hours: Mon – Fri 8 am – 5 pm
http://www.gainesvilledentist.com/

Hours: Mon – Thurs 8 am – 8 pm, Fri – Sat 8 am – 4 pm
http://www.millhopperfamilydentistry.com/

UF Dental Clinic (Faculty clinic or student/resident clinic available)
Dr. John Neubert (Orthodontics)
1395 Center Drive, D1-11
Gainesville, FL 32601
(352) 273-6700

Note: College of Dentistry is attached to the UF North Tower. If you participate in the DMD student dental clinic or resident program where either students or residents treat patients under faculty supervision, you will receive a discount.

OPTHO

Quinn Eye Center
Dr. Hedges & Dr. Bailey
817 NW 65th Terrace, Suite B
Gainesville, FL 32605
(352) 331-7771

UF Health Eye Center
Dr. Penny Straughn
2000 SW Archer Road
Gainesville, FL 32608
(352) 265-7080

Hours: M – Th 8:30 am – 6 pm, Fri 9-4, Sat 9-

OB/GYN

SIMED
Dr. Meera Nair
4343 W Newberry Rd, Suite 16
Gainesville, FL 32607

*Still covered by GatorCare insurance, don’t have UF residents involved in your care if that is appealing to you
RECOMMENDED CHILD CARE SERVICES

Baby Gator
Conveniently located behind the Health Science Center, which is attached to the hospital. Baby Gator offers child care to children ages 6 weeks to 5 years and is open Monday through Friday from 6:30 am – 6:00 pm. If interested, contact Baby Gator as soon as possible since space is limited and waiting lists are often long.

Location: 1244 Newell Drive, HD-G60D
Contact Information: University of Florida
P.O. Box 100018
Gainesville, FL 32610

Twinkle Toes Nanny Agency
Offers childcare from babysitting to full-time nanny care. Great for emergency / last-minute child care. All services are performed by nannies who are fully screened and have passed a criminal background check, civil background check, SSN verification, driving record check, and are CPR certified for infants and children.

Hourly rates:
- Full time - $14/hr for 1 or 2 children + $1 per hour for each additional child
- Part time (<20 hrs per week, as-needed, and date night rates) – rates start at $15 per hour

Contact Information:
(352) 538-2012
http://www.twinkletoesnanny.com/Services.html

May also consider going to https://www.care.com/, which is a company that provides child care services, senior care services, pet care services, and housekeeping services which is a new benefit from UF COM. Please contact Marian Limacher, MD with further questions/concerns at 352-392-5343.

RECOMMENDED VETERINARY CARE / PET SITTERS / BOARDING

UF Veterinary Hospitals (Great for pet emergencies and also has primary care services including dental)
2015 SW 16th Avenue
Gainesville, FL 32608
(352) 392-2235
*Note: UF employees receive a 10% discount here

Ask another resident to watch your pet OR consider the following...

Pet Paradise (Pet Resort/Sitting only)
19518 West Newberry Road
Newberry, FL 32669
(352) 472-4732
https://www.petparadiseresort.com/location/gainesville

Town & Country Veterinarians and Pet Resort
6980 SW Archer Rd
Gainesville, FL 32608
(352) 378-6027
http://tandcvets.com/

Dogs Rule (Daycare, Boarding, Dog sitting at home)
501 SE 2nd Street
Gainesville, FL 32601
(352) 505-0019
http://www.dogsrulegainesville.com/index.htm
GYMS & PHYSICAL FITNESS

Youfit
3045 SW 34th Street
Gainesville, FL 32607
(352) 224-7049
Details: Only $10 per month with a yearly $39.99 fee. Only a 6 min drive from the hospital. Hours of Operation: Mon-Thurs open 24 hours, Fri 5 am – 10 PM, Sat 8 AM – 8 PM, Sun 8 AM – 8 PM. Has cardio and resistance machines, classes, and personal trainers. You can download a free pass to the gym (one-time use) online for a gym trial.

Gainesville Health & Fitness
4820 W Newberry Road
Gainesville, FL 32607
(352) 377-4955
Details: Probably the nicest gym in Gainesville but also one of the most expensive. 13 min drive from the hospital. Hours of Operation: Sun – Sat open 24 hours (at Gainesville location), Mon – Thurs 5 AM – 10 PM, Fri 5 AM – 9 PM, Sat 8 AM – 6 PM, Sun 12 PM – 5 PM (at Newberry Location). There is also another location just for women that offers free babysitting. Membership is $54.12 per month – If a 12 month contract is signed, the price will continue to remain the same, however, if a 24 month contract is signed, the yearly price after that time period is $34.60 per month. If interested, call Rhonda Pollock (352-692-2124) and she will offer you a week long guest pass for a trial period.

Orange Theory
3205 Clark Butler Blvd Suite 20
Gainesville, FL 32608
(352) 242-00020
Details: Only a 10 min drive from the hospital. Offers 60-min workout sessions split into intervals of cardiovascular and strength training with heart rate monitors to track intensity. Well-liked by residents but has limited hours. Strict cancellation policy – must provide 8 hrs advance notice if you are not able to make a class (however, they will often make an exception if you are on call and get called in). Hours of Operation: Mon – Fri 6 AM – 7 PM, Sat – Sun 7 AM – 12 PM. Membership depends on number of sessions – 4 sessions per month $59/month, 8 sessions/month normally $99/month but $89/month for Shands employees, unlimited classes normally $159/month but is $149/month for Shands employees.

Planet Fitness
2210 NW 13th Street
Gainesville, FL 32609
(352) 505-6685
Details: 10 min drive from the hospital. Hours of Operation: Mon-Thurs 5 AM – 11 PM, Fri 5 AM – 9 PM, Sat & Sun 7 AM – 7 PM. Only $10-20 per month (depends on which plan you choose) with an annual membership fee of $39.00 +/- startup fee of $29 or $49, depending on the plan. Has cardio and resistance machines, classes, personal trainers, tanning, massage chairs, etc.

Searchlight Yoga Studio
3501 SW 2nd Avenue
Gainesville, FL 32607
(352) 505-4090
http://searchlightyoga.com/
Details: 12 min drive from the hospital. Hours of Operation: Mon – Thurs 7 AM to 7:15 PM classes, Fri 12 PM – 7:15 PM classes, Sat 8:30 AM – 12:00 classes, Sun 9 AM – 7:45 PM classes. Monthly membership is $84/mo, single classes are $12 each, a 5 class pass is $50 (good for 3 months after the first use), a 10 class pass is $100 (good for 3 months), a 20 class pass is $200 (good for 6 months), and there are also unlimited monthly and annual memberships available.

UF Health Fitness & Wellness Center – Attached to Shands South Parking Garage. Membership fee is based on frequency and hours of attendance. Convenient location but limited hours. Call 352-733-0834 for more information.
PERSONAL FINANCE AND INVESTING FOR RESIDENTS

A Helpful Online Guide for Personal Finance and Investing for Physicians:
http://whitecoatinvestor.com/

A Few Good Books on Personal Finance and Investing for Physicians:
The Physician’s Guide to Personal Finance by Jeff Steiner (2013)
Doctor’s Eyes Only: Exclusive Financial Strategies for Today’s Doctors and Dentists by Thomas Martin (2012)

Recommendations from a fellow resident:
1. **Live within your means**... simple concept but this is often where residents get themselves into trouble.
2. **Make a budget** early and stick to it!
3. Set up a loan repayment plan that fits within this budget and **avoid going into forbearance** if at all possible, since this will cause interest to rapidly accumulate on your loans.
4. **Definitely consider applying for the PUBLIC SERVICE LOAN FORGIVENESS (PSLF) PROGRAM**
   - This program essentially forgives the remaining balance on your Direct Loans after you have made 120 qualifying monthly payments (10 years of monthly payments) while working full-time for a qualifying employer such as government organizations or non-for-profit organizations (i.e. University of Florida).
   - If you decide to apply for the PSLF program, **apply EARLY** since qualified payments only begin after you have been accepted into the program (forms attached).
   - The PSLF program requires you to participate in a qualifying repayment plan, which includes all of the income-driven repayment plans (plans that base your monthly payment on your income).
   - Qualifying loans for PSLF include any loans received under the William D. Ford Federal Direct Loan Program. Loans through other federal student loan programs such as the Federal Family Education Loan (FFEL) Program or Federal Perkins Loan program do not qualify unless you consolidate them into a Direct Consolidation Loan (do this early so you can start making qualifying payments towards them).
   - For more information on this program, see the following website: https://studentaid.ed.gov/sa/repay-loans/forgiveness-cancellation/public-service
5. **It’s never too early to start investing and think about long-term financial goals**
6. During residency, consider investing in a **Roth IRA** (Individual Retirement Arrangement)
   - **What is a Roth IRA and how does it differ from a traditional IRA?** A Roth IRA is a retirement savings account that allows your money to grow tax-free. You fund a Roth with after-tax dollars, meaning you’ve already paid taxes on the money you put into it. In return for no up-front tax break, your money grows tax free and when you withdraw at retirement, you pay no taxes... so every penny goes straight in your pocket. Compared to traditional IRAs, Roth IRAs offer a bit more flexibility, in that you may withdraw your contributions penalty-free at any time for any reason (however, you be penalized for withdrawing any investment earnings before 59 ½ years unless it is for a qualifying reason). Roth IRAs also let you leave your money untouched for as long as you like, whereas with a traditional IRA you **must** start making withdrawals called “required minimum distributions” after you reach age 70 ½. Also, while you can no longer make contributions to a traditional IRA after you have turned age 70 ½, you can keep contributing to a Roth IRA regardless of your age.
   - **Who can contribute to a Roth IRA?** Roth IRA contributions are limited by income level, which is why it is so important to invest in this type of IRA early, since most of us, as physicians, will no longer be eligible to make contributions after we graduate from residency due to the significant increase in our income unless we do so through a loop hole in which you convert a traditional IRA to a Roth IRA.
JUST FOR FUN... AND FOR A FREE FLEECE!

ULTIMATE
BUCKET LIST
don’t dream it. do it.
Check-off at least 20 items in 2 years & receive a
UFHealth fleece of your very own!

Fall
- Annual Resident & Family BBQ
- Attend COM Alumni Weekend
- Ladies’ Huddle
- Gator Football Game
- Tailgate
- Gymnastics Meet

Winter
- LIKE US! on Facebook: UF College of Medicine Alumni & Friends
- Show @ Phillips Center for the Performing Arts
- Harn Museum of Art
- UF Natural History Museum & Butterfly Rainforest
- Downtown G’ville, Haile or Tioga Holiday Lights Celebration
- The Swamp Restaurant Social & UF Basketball Game
- Orlando Theme Park
- Hoggetowne Medieval Faire
- Castillo de San Marcos: Spanish Fort est. 1672
- St. Augustine Light House
- Devil’s Millhopper Geological State Park & Sink Hole

Spring
- Rainbow Springs: Manatee Viewing
- Paynes Prairie: Gators, Bison & Wild Horses at the La Chua Trail
- Paint the 34th Street Wall
- Kanapaha & Wilmot Botanical Gardens
- Depot Park: General Store & Splash Pad
- Hare Krishna Lunch: Plaza of the Americas
- Lake Wauburg: Kayaking, Paddle Boarding or Sailing
- Micanopy Shopping, Lunch & Local Music
- Santa Fe Teaching Zoo
- Baseball Game
- Volunteer @ Mobile Clinic

Summer
- Lake Wauburg Resident Summer Splash Cookout
- New Resident Taco Tuesday Welcome Party: Swamp Head Brewery
- Ichetucknee & Ginny Springs
- Santa Fe River Tubing
- Silver Springs & the Tarzan Monkeys
- Devil’s Den Underground Cave
- St. Augustine Beaches
- Bob’s River Place
- Bo Diddley Plaza: FREE Friday Concerts
- UF Bat Houses at Dusk
- Satchel’s Pizza & Live Music
- Uppercrust Productions French Pastries

Seasonal activities are only suggestions as most can be done any time of year!

ACTIVITY CREDIT: Post photos on Facebook - UF College of Medicine Alumni & Friends or tag photos #UFCOMBUCKETLIST